

# Bowland Experience Limited

Company Limited by Guarantee - Company number 6994972 Reg. office; Post Office, The Square, Scorton, PR3 1AU  
Directors; J. J. Beavan, R. R. Gardner, E. M. Miller



## EMERGENCY FIRST AID AT WORK TRAINING COURSE

**Training objectives:** As a result of this course, trainees will know:

1. The role of the first aider
2. How to manage an incident
3. How to manage a casualty – recovery position, CPR, bleeding
4. How to recognise heart attack, angina, epilepsy
5. Case studies – e.g. catering staff burns and scalds, riverside incidents.

**Who will benefit;**

- Tourism operators and their staff who have a duty of care towards their customers, visitors and colleagues.
- The course will provide a **1-Day Emergency First Aid at Work Certificate** from Health & Safety Executive

**Cost**

One trainee: £85 each  
(£75 each for Bowland Experience Ltd member organisations)  
Two or more trainees: £75 each  
(£65 each for Bowland Experience Ltd member organisations)

**Dates/Venues**

**Monday November 8<sup>th</sup>**  
**9.30am – 5.00pm**  
including refreshments and lunch  
**Forrest Hills Golf and Fishing**  
**Hazelrigg Lane, Ellel, Lancaster, LA2 0PL**  
01524 752566 [www.forresthills.co.uk](http://www.forresthills.co.uk)

**BOOKING FORM**

**Emergency First Aid at Work Training course – Monday November 8<sup>th</sup> 2010.**

Organisation.....

Address.....

.....Postcode.....

Contact name.....Position.....

Tel no.....email address.....

Please reserve places for the following:

1. .... 2. ....
3. .... 4. ....

I enclose cheque (made payable to Bowland Experience Ltd) for £.....

Please send to Bowland Experience Ltd at the address below